



Supporting Independent Living: Budgeting

Support the young person with thinking about budgeting.

Top tips:

- make sure your income / available money matches or exceeds your expenses / outgoing money
- aim to save a little each week for unexpected expenses
- plan for essentials, non-essentials, regular expenses, and occasional expenses

Support is available for people struggling financially.

Check out the links for more resources below:

- <https://www.thecompleteuniversityguide.co.uk/>
- <https://www.savesthestudent.org>